## Educational email messages to parents of teens

#### Flu

Did you know that a teen with the flu might have to miss school and activities for several days or longer? Help keep your child in school, your family healthy, and you at work. Please contact the office for our flu vaccination schedule.

When your teen gets the flu, school and other activities STOP. To keep your teen in school and protect vulnerable family members, have your teen vaccinated against flu. Don't delay. Contact our office for our flu vaccination schedule.

#### **HPV**

Your teen needs 3 doses of HPV (human papilloma virus) vaccine for protection against cancer of the sex organs, mouth and throat. Please contact our office to schedule a visit for the HPV vaccine today. Then you can sign up for reminders for doses 2 & 3.

Protect your teen against human papilloma virus infection that can cause cancers of the sex organs, mouth and throat. Dr. \_\_\_\_ recommends the HPV vaccine. Please contact our office to schedule a vaccine appointment 123/456-7890 or <a href="mailto:xxx@uuu.com">xxx@uuu.com</a>. Tdap What does Tdap prevent? To attend school - mandatory

### Tdap

To attend school, your 6<sup>th</sup> (7<sup>th</sup>) grader needs a Tdap booster vaccine. Tdap protects against whooping cough and tetanus. Please contact our office today to schedule a vaccination appointment. 123/456-7890 or <a href="mailto:xxx@uuu.com">xxx@uuu.com</a>

Tdap vaccine protects your teen against diseases like tetanus and whooping cough. Teens should have a booster shot. Please call Dr. [insert name]'s office at 123/456-7890 or go to xxx@uuu.com to schedule a vaccination appointment.

### MCV

Did you know the risk for bacterial meningitis (brain infection) is high in teens and can be deadly? Your teen may need a meningococcal vaccine (MCV) now. Please contact our office to see if your teen needs a booster vaccine and to schedule a vaccination appointment. 123/456-7890 or <a href="mailto:xxx@uuu.com">xxx@uuu.com</a>

# Reminder email messages for parents of teens

### Flu

Flu can knock down even a healthy teen. Please contact Dr. [insert name]'s office at 123/456-7890 or xxx@uuu.com to schedule your child for a flu vaccine today. Thank you.

## **HPV**

Reminder: Your teen needs 3 doses of HPV vaccine for protection against sex organ cancers. Please contact Dr. \_\_\_\_'s office today 123/456-7980 or xxx@uuu.com to schedule a first dose vaccination visit. Thank you.

Reminder: It is time for your teen to receive his or her 2<sup>nd</sup> (3<sup>rd</sup>) dose of HPV vaccine to protect against cancer. Please call our office today 123/456-7980 or xxx@uuu.com to schedule a vaccination appointment. Thank you.

## Tdap

Reminder: Teens should have a booster shot of Tdap to protect against diseases like tetanus and whooping cough. Please call Dr. [insert name]'s office at 123/456-7890 or go to xxx@uuu.com to schedule a vaccination appointment.

### MCV

Did you know that teens are the group at high risk for bacterial meningitis (brain infection)? Dr.--recommends that teens get this important vaccine. Please call 123/456/7890 or go to xxx@uuu.com to schedule a vaccination appointment. Thank you.

## Educational email messages for teens

### Flu

The flu can keep you home sick in bed for days and missing out on sports, activities and spending time with friends. Vaccination is quick & easy - a spray up the nose or shot in the arm. Give it a try and enjoy your fall and winter fun.

The flu doesn't care if you have a critical game, a special dance or work. It can keep you home sick in bed. This year get your flu vaccine and don't take a chance on missing out on your important events!

The flu isn't just a bad cold. It can knock you out of action for days with body aches, fever, sore throat and cough. Fight back with a flu vaccine. It is quick and easy-- just a spray up the nose or shot in the arm. Go for it!

### **HPV**

Being a teen is usually fun, but cancer from a human papilloma virus (HPV) infection is no joke. Protect yourself with the HPV vaccine before you get infected. Get a vaccination appointment today.

Some people don't like to talk about cancer of the mouth and throat and sex organs caused by human papilloma virus (HPV) infection. Let's talk about HPV vaccine before you get infected. Ask about the HPV vaccine today.

How bad is human papilloma virus (HPV)? It causes cancer of the mouth, throat, anus, and sex parts. Medicines don't stop it. It spreads very easily. Enough? Ask about the HPV vaccine today.

# Tdap

The Tdap vaccine protects you against some miserable diseases like whooping cough and tetanus (lockjaw). You only need one shot that lasts 10 years. Have you had your Tdap vaccine? Check with your doctor today!

Imagine a cough so bad you crack a rib, or muscle spasms so strong they break a bone. That's what whooping cough and tetanus can do. Tdap vaccine can prevent these diseases. Are you due for a Tdap booster? Ask your doctor today!

The cough from pertussis is like taking the cinnamon challenge...only it lasts for 3 months. It shakes your whole body and makes it hard to eat, drink, or catch your breath. Ask your doctor if you are due for a Tdap booster.

## **MCV**

Imagine not being able to hear your favorite music. Teens are at risk for meningitis (brain infection), which develops quickly without warning and can cause hearing loss. Find out if you are up to date with the MCV vaccine.

Imagine losing a limb or some fingers. Teens are at risk for meningitis, a disease that develops quickly without warning and can cause gangrene. Find out if you are up to date with the MCV vaccine.